



STONYHURST

Language School



STONYHURST TENNIS ACADEMY 2019

BRITISH COUNCIL ACCREDITED CENTRE OF EXCELLENCE UK SUMMER SCHOOL

Welcome

Stonyhurst College, famous for its connections to authors Sir Arthur Conan Doyle (Sherlock Holmes) and J. R. R. Tolkien (The Lord Of The Rings), is a co-educational boarding and day school set in 2,500 acres of Britain's most beautiful countryside. Founded in 1593, the College has been welcoming and educating students from around the world for over 400 years.

The Stonyhurst Tennis Academy was launched in 2018, proving a resounding success, and we are delighted to offer the addition for the coming year. It is a fantastic opportunity for students to combine English Language learning with intensive Tennis Coaching.



Tennis Programme

The Tennis Academy is focused on delivering technical, tactical and physical improvements relative to each student's ability and being able to translate this onto the match-court.

- Professional, energetic and enthusiastic coaching
- Stroke improvement, footwork and tactical awareness, positional play and spin techniques
- Building stamina, strength and agility
- End of course assessment, written report and medal

The Course

A two-week residential English Language and Tennis course for international boys and girls aged 10–16 years, who are looking to improve their English language skills alongside their tennis.

Students will integrate with the Language School students for English lessons in the mornings, as well as daily evening activities and 4 excursions during the two-week course.

Throughout the afternoon, the Tennis Academy students will receive intensive tennis coaching in the College's world-class, indoor Tennis Dome.

Key Features

- 34 hours of English teaching and 30 hours of tennis tuition
- 4 excursions per course (2 full day and 2 half day)
- Evening entertainment programme
- Tennis tuition in English provides the opportunity for further task-based learning
- Complimentary Tennis Academy hoody and towel

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Tennis Schedule

Each session has been carefully planned to focus on a particular skill and develop students to their full potential.

Example schedule

Theme - Forehand attack:

- Physical warm up
- Skills work
- Technical drills, working on swing paths
- Tactical progressions, when and how to use the shots
- Matchplay - a chance to practise their new skills

The Stonyhurst Tennis Dome is a top-class facility which will create a multitude of opportunities for children of all ages to enjoy the all-round benefits of tennis.

*Tim Henman OBE,
Former British No. 1 Tennis Player*



Professional Tuition



Our high-performance training programme is led by Level 4, LTA Senior Performance Tennis Coach, Liz Thomas, in the College's world-class indoor Tennis Dome. Liz is a former tennis professional who competed at Wimbledon, qualifying in Singles and Doubles, and also represented England in the Senior Four Nations. She has also won 11 ITF professional titles and since retiring as a tennis professional has turned her passion for the sport towards coaching.

It was fantastic to see the progress of the students in the Tennis Academy - they became technically and tactically stronger, resulting in a growth of confidence on the tennis court.

Liz Thomas
Head Tennis Coach

The Facilities

With high-performance facilities, including a state of the art Tennis Dome and a variety of outdoor courts, Stonyhurst offers the perfect location for a residential Tennis Academy.

The dome is 10 metres high and offers two Grand Slam size tennis courts, with high-performing acoustics and glare-free playing conditions.

The facilities, combined with the top quality training programmes offered at Stonyhurst, will nurture the next generation of players.

Timetable	Wake-up & breakfast	07.45 - 09:00
	English Lessons	09:00 - 12:40
	Lunch	12:40 - 13:30
	Tennis Coaching	13:30 - 18:00
	Dinner	18:30 - 19:15
	Evening Activities	19:15 - 21:30

Course Information

English Tuition

With the exception of excursion days, students will receive English lessons every morning.

Students will be placed in classes according to their level of English, which will be tested on the first day of the course. English classes are taught across five levels, from Elementary to Advanced, and where possible are also taught in age groups of 10 - 13 and 14 - 16. Class sizes are maximum 12 students with average numbers of 8 - 10 students.

It was absolutely fantastic.
Student (France)

Course Date & Fees

Friday 19th July – Friday 2nd August 2019

Course Fee £2725.00

Combined Course One & Tennis Academy £4800.00
(Discount available for siblings or returning students).

Please be aware that places on the Tennis Academy are limited.

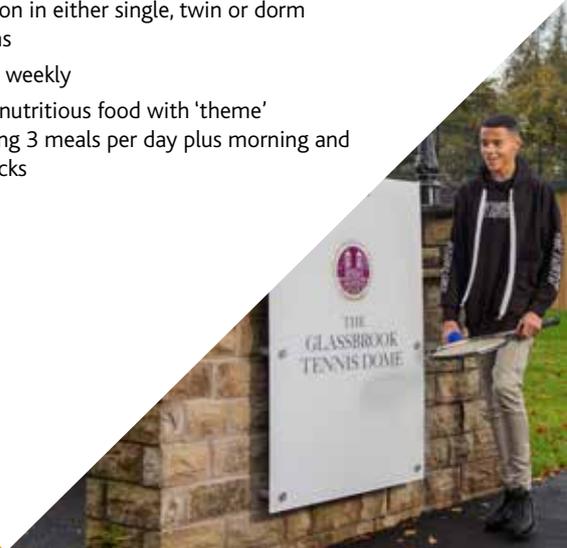
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My son really enjoyed your excellent Tennis Academy. In Stonyhurst he learned as much as he never did before in playing tennis. The technical instructions were so professional.

Parent (Germany)

All-inclusive package including:

- Local airport transfers
- Student travel insurance
- Accommodation in either single, twin or dorm style bedrooms
- Laundry twice weekly
- Delicious and nutritious food with 'theme' nights, including 3 meals per day plus morning and afternoon snacks



How to find us



By Road

Stonyhurst College is located near the village of Hurst Green, half an hour's drive from Preston.

M6

From the South: Leave at Junction 31 and follow signs for Clitheroe, then Whalley and Hurst Green (B6243); From the North: Leave at Junction 32 and follow B5269 to Longridge and Hurst Green.

M62

Leave at Junction 18 and follow M66, A56 and A6068 to Padiham, A671 to Whalley, B6246 to Great Mitton and B6243 to Hurst Green.

By Rail

The most convenient railway station for Stonyhurst is Preston, some 13 miles away from the College, and just over 2 hours from London Euston and 3 hours from Edinburgh and Glasgow.

By Air

We are easily accessible via Manchester, Liverpool and Leeds/Bradford Airports.

Transfers

Free escorted transfers are included between 10:00 – 18:00. Available only to and from Manchester, Liverpool or Leeds/Bradford Airports (on specific arrival and departure days). Escorted transfers to and from local rail or coach stations, such as Preston or Blackburn, can also be arranged.



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